

“One Georgian dies of cancer every 41 minutes”

# 911's 411

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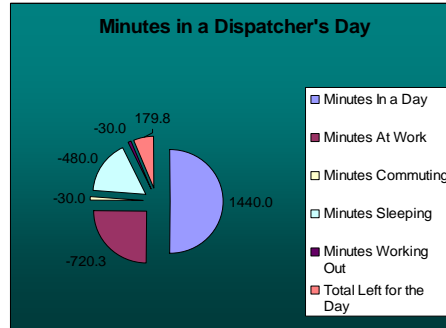
Covington-Newton County 911 Center

## Exercising at 911

First of all, I want to thank those of you that have supported the cause and also those of you that agreed to help me with the program. I have some good news. I'm currently talking to Chief Cotton and Lt. Jones at Covington PD to find out if they are going to be able to donate some of their equipment to us. Chief Cotton said, "I would be honored to give it to the Center," when I asked him about it. According to Lt. Jones they are in the process of getting new equipment, but he isn't sure when that will be.

I thought some of you might be interested in some of the reasons, why I thought this would be a

should all be aware of and work on handling the everyday stressors in our lives and the



179.8 minutes left after a 12 hour shift and a 30 minute workout. That is just under 3 hours to eat, bathe, and spend time with your family!

stress that we as public safety employees have everyday on shift. According to Pamela Peeke, MD, "During vigorous exercise, the body secretes biochemicals called beta endorphins, which calm you down and decrease the levels of stress hormones in your body."

good program. It's not to just loose weight it will also help your body handle stress at work. Stress is something that we

Since we work 12 hour shifts it is hard to fit exercise in your day,

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"When the power of love overcomes the love of power, then the world will know peace."  
 -Jimi Hendrix

### Citizen's Academy

The citizens academy for 9-1-1 is moving ahead at last with a projected date of March 25<sup>th</sup>. The list of invitees is finalized and invitations will be going out around the 10<sup>th</sup> of February. The curriculum is finished, except for writing the lesson plan to P.O.S.T. standards which I am in the process of doing now.

Myself, Mike Smith, Trudy, Mike Watts, Amanda, and Anessa are going to be instructing the class, which will include sessions on what a 9-1-1 center does

and what kind of protocols are involved. A short history of 9-1-1 is included, detailing where it started and why, and what advancements have been made since then. After the classroom instruction, every participant is required to do a 4hr sit-along in the radio room plugged in with a working dispatcher, within two weeks of the class. I have a good number of volunteers for this, but, it is not too late for anyone to volunteer if they want to, just send me an e-mail with what you would like to do to help.

Our hope is to start having an academy class at least 2, possibly 3 times a year, which would be great. Dekalb Tech officials have been invited to attend the first class with the hope that they will be interested in co-sponsoring subsequent classes.

The academy can be a great tool for us to communicate to the public what exactly we do here and how and why we do it.

Tom Wall

### Running Resident Alien Cards through GCIC

As we have all noticed, our incidences of encounters with our Hispanic population have increased. Some reports indicate that Newton County has the fastest growing Hispanic population in the state. As these encounters increase, it has become necessary for law enforcement to be able to make positive identification during these encounters. As some of these encounters have produced Resident Alien Cards as the only identification, we have needed a way to verify the validity of the cards. The solution is an Alien Query (AQ) on

GCIC. This was an update that was added by GCIC that should now be up and running. Although, in the past, it was believed that this return would take an inordinate amount of time, I personally have tested this and it usually takes 5 minutes. I have drafted the flyer in this article, and have given it to our patrol units. I have also made it available to Newton County and Porterdale units. If we can begin to utilize this under-used investigative tool on the streets, it will help prevent the widespread use

of false identification and help identify criminals that might otherwise go undetected.

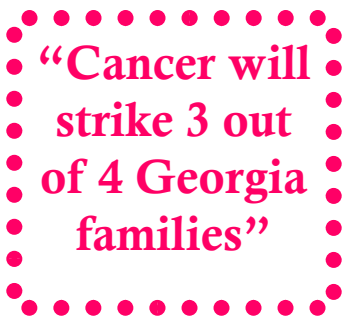
Detective Daniel Seals  
Covington Police Department

At the current time, Resident Alien Cards need to be run through Covington DIO, Spillman is working on the script to get the AQ function into state link. Please keep the attached/referenced flyer for future use.

**Every 24 hours:**

- 3400 Americans are diagnosed with cancer
- 1500 Americans lose their battle with cancer
- 1900 Americans are cured of cancer

### Recruitment Team



The Recruitment Team met on Tuesday February 7<sup>th</sup> to discuss developing a program to increase our “hiring pool”. The purpose of this is to widen our search area in order to find more qualified job candidates as opposed to having only a few applicants referred by Personnel. Some of our target areas will be Career Day’s at local high schools, job fairs and Open House sessions held here at the

Center. We are currently working to put together a program using video, audio and visual aids. We are asking everyone to save any good calls and/or radio traffic you feel would be useful for our presentation.

these applicants will become your co-workers so let’s do everything we can to make this a successful effort. Anyone interested in helping, please get together with a member of the Recruitment Team: Amanda, Amy, Kristen, Laurel, Ryan, or myself.

I believe this is going to be a fun and useful project and would encourage everyone to participate in some way. Remember,

Team Leader, Suzzan Monroe

### Spillman, in the field!

I have been operating the Spillman program for about 2 weeks or so. I have been able to see information first hand. Having that information available at any given moment has given me the ability to manage the shift with greater accuracy. With every call that goes out to the Deputies, I can see the call information and call comments. In addition, any attached information such as weapons, and in some cases who is involved.

unit, how long they have been in-service or on the scene. With all of these resources available I am better able to manage the shift during times of high call volume. I think that the mobile system is a great asset and tool. I look forward to all units having this system in the cars.

The only issues I have encountered have been with the Verizon Wireless card.

I can also see the status of each

Lt. Bill Waterson

- In 1587, the first person born in America to English parents was Virginia Dare.
- In 1809, the first woman to receive a patent was Mary Kies for the method of weaving straw with silk.
- In 1885, the first black woman to receive a patent was Sarah E. Goode for a bed that folded up into a cabinet.
- In 1849, the first woman in the US with a medical degree was Elizabeth Blackwell.
- In 1864, the first black woman in the US with a medical degree was Rebecca Lee Crumpler.

## Running Resident Alien Cards through GCIC

### (5 Minute Return)

We can now run Resident Alien Cards through GCIC. We have received the update from GCIC to accommodate these cards.

Tell the operator that you need to run a Resident Alien or Permanent Resident Card.

The operator will then ask you for:

Name	Chow, Lai Ping
Date of Birth	07-10-50
Alien Number	028256001 (Must be 9 numbers, leave the A off)
Offense	Traffic Offense, Fraud, Immigration Status, etc.

If the Resident Alien Card or Permanent Resident Card is legitimate, GCIC will return with information about the person.

If it is not legitimate, GCIC will return with; **“The Law Enforcement Support Center Is Unable To Find A Match Based On The Information Provided. If You Have Additional Identifiers, Please Resubmit Your Request”**. Double check the information you provided to the operator to make sure it matches the information on the card. If the information is the same, 10-95. (See Below)

If the Alien presents a fraudulent Resident Alien Card, Permanent Resident Card, or Social Security Card to the Officer, the charge is (Felony) Forgery in the First Degree 16-9-1 (# of counts).

If the Alien is in possession of a fraudulent Resident Alien Card, Permanent Resident Card, or Social Security Card, but does not present it to the officer as proper identification, the charge is (Misdemeanor) False Identification Documents 16-9-4 (# of counts).

Any questions see Detective Seals



## Exercising at 911, continued

*(Continued from page 1)*

when you have to work. The CDC states, "There are 1440 minutes in every day...Schedule 30 of them for physical activity." However, working 12 hour shifts we don't have as much time as people that work 8 hour days to exercise. (See Chart: Minutes in a Dispatcher's Day)

So, by doing this research I have found that for a workout to be beneficial it doesn't have to

last for a solid 30 or 45 minutes. Peeke suggests 45 minutes of exercise every day, even if you break it up into 15-minute sessions. If we are able to get the exercise equipment donated we should be able to at least take short exercise breaks. Hopefully, if we are not that busy we could take 30 minutes at one time. The CDC, suggests "taking fitness breaks-walking or doing desk exercises-instead of taking cigarette or coffee breaks." I also hope that

we can still make a box filled with weights, resistance bands and other exercise gizmos that can be kept in the radio room for us to use at our desks.

Once again, thanks for your support with this project and lets all work on having a Healthy 2006!!

Team Leader, Anessa Westmoreland



## Telephone Instructions for CPR

On January 24<sup>th</sup> and 25<sup>th</sup>, several Team Leaders and 11 dispatchers participated in a class that I taught. The class covered giving instructions over the phone on CPR (cardiopulmonary resuscitation), FBAO (foreign body airway obstruction), and Rescue Breathing. A refresher of AHA (American Heart Association) guidelines on providing CPR was used as a basis for the instructional portion of the class. The class included several

questions that a caller might ask and instructions for the dispatchers to relay the im-

portant steps of the appropriate process to the caller in a way that they could understand and easily follow. Emphasis was placed on simplicity and clear instructions.

The class participants were given mock calls to practice and get comfortable with giving instructions. New and experienced dispatchers still experience the rush of adrenaline that comes with a high priority call and the scenarios tapped into

the skills of determining the situation and actions to take as well as keeping the caller engaged and calm.

Thanks to the Team Leaders for providing and acting out these scenarios. (And Geb too)

Several participants had expressed an interest in having a small card near or on the consoles with the condensed instructions for each type of situation. A card that can be placed on a lanyard is in the process of being made.

Cindy Bentley

## Auto Populated Zones and the Wonderful World of GEO

How many times have you found yourself with a worrisome caller on the line, knowing that you need to get somebody enroute to them and their address is one of those streets that we have never heard of and you are at a complete loss for the zone? Valuable seconds can be lost trying to figure out where to put that call, valuable seconds that could cost someone their life. Valuable seconds that, if the result of your pondering is wrong, could turn into valuable minutes.

Well we have the answer. A wonderful little tool we like to call GEO. GEO is that unassuming little devil that has alluded us for well over two years. I know when I started here, I heard the stories of GEO; they always went the same, "when we get GEO the program will do that for you." Well, that is what I always heard anyway.

And then, in the month of February 2006, we were able to wrangle that elusive little devil called GEO and put him to work for the betterment of the citizens of Newton County. The legends were true....auto populated zones, geo-verified streets, better statistics, cross streets and GEO's long lost cousin, COMMON PLACE NAMES.

But, to our dismay, GEO is not perfect. We find that we must pay attention to what GEO pulls up just for a last minute verification, we find that not all streets are adequately reflected in GEO's enormous brain, we find that, like most of us, GEO still needs a little work.

So as we progress into the Wonderful World of GEO lets make note of items which need to be added to GEO's brain and also things that GEO may not do quite right. With all of our help GEO will grow into the wonderful, useful tool it was meant to be.

Adam Cooper

1 out of every 4 deaths is a result of

# February 2006

During February, celebrate Black History Month and spend some extra time learning about the extraordinary accomplishments of African-Americans. Overcoming enormous obstacles, these outstanding individuals made remarkable contributions to our everyday world.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Black History Month</b>	<b>American Heart Month</b>		1 <b>National Freedom Day</b>	2 <b>Groundhog Day</b>	3 15th Amendment Signed (1868)	4 Rosa Park's Birthday (1913)
5 National Weatherperson's Day	6	7 Mardi Gras	8 Jules Verne's Bday (1828)	9 National Girls & Women in Sports Day	10	11 Thomas Edison's Birthday (1847)
12 Abraham Lincoln's Birthday (1809)	13 Read to your child day	14 Valentine's Day	15 Susan B Anthony Day	16 Nylon Patented (1938)	17 Last VW Beetle (1972)	18 Pluto Discovered
19 Nicolaus Copernicus' Bday (1473)	20 Batman & Robin Created (1944)	21 Malcom X Assassinated (1965)	22 George Washington's Birthday (1789)	23 First Animal Cloning (1997)	24 First Uranus "Flyby" (1986)	25 Quiet Day
26 Levi Strauss' Bday (1829)	27 Frank Turner Retirement Reception, 5:30PM @ Turner Lake Park	28				



## Birthdays

### January

- 13, Trudy Henry
- 15, Laurel Roysden
- 15, Katie Quinn
- 26, GEB Beasley

## Anniversaries

### February

- 27, Erin Ruppel—5 years
- 28, GEB Beasley—3 years

## February, National Heart Disease Awareness Month

Increase Your Heart Disease Awareness, What Every Woman Must Know About Heart Disease. (<http://womenshealth.about.com/cs/heartdisease/a/trthabthrt disea.htm>)

February is National Heart Disease Awareness Month. Activities are planned throughout the month that are designed to increase awareness about heart disease and

women. These events and activities include National Go Red for Women Day ([www.goredforwomen.org](http://www.goredforwomen.org)) on Friday, February 3, 2006 and on February 25, 2006 the 2nd Annual Day of Dance, ([www.dayofdance.org](http://www.dayofdance.org)) a 4-6 hour event held in 30 cities across the U.S. and sponsored by the Spirit of Women.

In the U.S. 500,000 women lose their lives

to heart disease each year. In fact, 1 of 3 women eventually dies of heart disease; it's the number one cause of death among both women and men. Interestingly, more women pass away annually in the U.S. due to heart attacks than men (who were traditionally considered the ones to have fatal heart attacks.)

February 2, 2006  
Tracee Cornforth

# March 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>American Red Cross Month</b>	<b>Women's History Month</b>	<b>National Nutrition Month</b>	1 Pig Day	2 911 Appreciation Day @ State Capitol	3 National Anthem Day (1931)	4
5	6	7 Monopoly Invented (1933)	8 International Woman's Day	9 Barbie Debuts (1959)	10 Invention of Telephone (1876)	11 Johnny Appleseed Day
12 Ballet Tutu First Used (1832)	13 Uranus Discovered (1781)	14 Albert Einstein's Bday (1879)	15 First Blood Bank Opens (1937)	16 Barnum & Bailey Circus Debuts (1881)	17 St. Patrick's Day	18
19	20 1st Day of Spring	21 International Day Elimination of Racial Discrimination	22 World Water Day	23 Ponce de Leon Sights & Names Florida	24 Harry Houdini's Bday (1874)	25
26 Robert Frost's Bday (1874)	27	28 1st Washing Machine Patented (1930)	29 Coca-Cola Invented (1886)	30 Russia sold Alaska to US (1867)	31 Eiffel Tower Completed (1889)	<b>Irish-American Heritage Month</b>

## Birthdays

### March

- 4, Edmetris Moore
- 7, Rebecca Myrick
- 7, Sarah Herbert
- 10, Anessa Westmoreland
- 11, Mike Watts
- 12, Erin Ruppel
- 18, Suzzan Monroe
- 25, Fay Puckett

## Anniversaries

### March

- 10, Suzzan Monroe—11 years

1 out of 3 Americans will have cancer during their lifetime

## Birthdays

### April

- 5, Amy Wood
- 14, Tom Wall
- 27, Amanda Jones

## Anniversaries

### April

- 16, Mike Watts—5 years

# April 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Alcohol &amp; Drug Awareness Month</b>	<b>Animal Cruelty Prevention Month</b>	<b>Keep America Beautiful Month</b>	<b>National Autism Awareness Month</b>			1 April Fool's Day
2 International Children's Book Day	3 148 Tornadoes Occurred (1974)	4 Martin Luther King Jr Assassinated (1968)	5 Holocaust Remembrance Day	6 North Pole Discovered (1909)	7	8
9 End of Civil War (1865)	10 Encourage a Young Writer Day	11 National D.A.R.E. Day	12 First Human in Space (1961)	13 Thomas Jefferson's Bday (1743)	14 <b>Good Friday</b>	15 Jackie Robinson Day
16 Easter	17 Ford Mustang Debut (1964)	18 San Francisco Earthquake (1906)	19 Passover Begins	20 Astronomy Day	21 Kindergarten Day	22 Earth Day National Jelly Bean Day
23	24	25 The name "America" 1st used (1507)	26	27 Reality Wreck @NHS	28 Arbor Day	29 Zipper Patented (1842)
30 Casey Jones Died (1900)						

**Covington-Newton County  
911 Center**

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**Striving for Excellence**



**Covington-Newton  
County 911**

[www.covington-newton911.com](http://www.covington-newton911.com)

- In 1923, Garrett Morgan invented the traffic light.
- In 1967, Carl Stokes was the first African-American Mayor of Cleveland, Ohio.
- In 1870, Joseph Rainey was the first African-American Congressmen from South Carolina.
- In 2001, Colin Powell was the first African-American to serve as US Secretary of State.
- In 2005, Condoleezza Rice became the first African-American female to serve as US Secretary of State.
- In 1977, Andrew Young became the first African-American to serve as the US Representative to the UN.
- The first African-American to receive the Nobel Peace Prize was Ralph J. Bunche in 1950. The second was Martin Luther King Jr in 1964.

10 million survivors are  
alive today, because you

## Reasons to Relay

Many of you have supported and participated in the Covington-Newton County 911's Relay for Life team. I just thought it would be nice to give everyone a background on the American Cancer Society and why they do the Relay for Life. The American Cancer Society is "the nationwide, community based voluntary health organization **dedicated to eliminating cancer** as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer **through research, education, advocacy and service.**"

The American Cancer Society has been around since 1913 and their goal hasn't changed: eliminate cancer. ACS has received 38 Nobel Peace Laureates. They have helped to reduce the incidence and mortality rate of cancer. ACS is also rated highly by watchdog organizations.

American Cancer Society's goals for the future (2015):

- Reduce incidence – 25%
- Reduce mortality – 50%
- Measurable improvement in quality of life

Who benefits from the ACS?

- Those touched by cancer in every community in the U.S.
- Use of [www.cancer.org](http://www.cancer.org)
- Call to 1-800-ACS-2345;
- Use of community programs and patient services
- Benefits from research.

We **ALL** know or love someone who has survived cancer and we **ALL** know or love someone who has lost the battle with cancer. The American

Cancer Society lists some **R.E.A.S.**on's to Relay and how they will accomplish their mission:

- **Research:** to find a cure.
- **Education:** to prevent cancer & detect it early.
- **Advocacy:** to enact laws that help reach our 2015 goals and eliminate cancer.
- **Service:** to help everyone touched by cancer make it through the journey.

Many of the people that participate in the Relay for Life do so in honor of a loved one.

**Do you have a Reason to Relay?**

Team Leader, Anessa Westmoreland